### **Experiencing COVID-like Symptoms?**

Any of the following symptoms which are not usual symptoms of a documented chronic condition<sup>†</sup> (regardless of vaccination status): fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea.



## Follow CDPHE Isolation Guidance:

- Isolate for 5 full days\*
- If symptoms improving + fever free (without the use of fever reducing medication) may wear a well-fitting mask and return to work/school days 6-10
- \* Day 0 is the day symptoms begin or date asymptomatic cases tested positive.

**Students:** Please notify the school's front office or nurse that your child is isolating for COVID-like symptoms or a positive test.

**Staff:** Report positive or probable cases to supervisor/CRT who will enter the information into Refer-a-Case.

# Tested Negative\*\*

## Provide proof of negative test to the health office and follow CDPHE

"How Sick is Too Sick".

¿Qué tan enfermo es demasiado enfermo?

\*\* If you have had a household exposure to COVID-19 in the previous 10 days you should have a negative lab test (PCR or molecular) to rule out COVID-19 infection. At-home test results do not apply.

<sup>†</sup> Provide the school's health office with a note or record from a healthcare provider documenting a chronic condition to be exempt from COVID-19 testing/isolation protocols.

#### **Additional Information:**

- CDPHE Isolation Recommendations
- LCDHE Isolation Recommendations