

## WHAT CAN I GET HELP FOR?

- Depression
- Anxiety
- Suicidal / Homicidal Ideation
- Hallucinations
- Stress
- Bipolar Disorder
- Grief and Loss
- Traumatic Events
- Medication Stabilization
- Variety of Other Behavioral Mental Health Challenges



## ADDITIONAL CRISIS SERVICES

- Mobile assessments can be dispatched within Larimer County 24/7/365
- Assessment, evaluation and crisis intervention
- Behavioral Health Urgent Care assessments between 8 a.m. and midnight are available for anyone.
- 23-hour observation beds are available when appropriate
- Please note: Psychiatric services and/or medications are not available for walk-in assessments

[SUMMITSTONEHEALTH.ORG](https://SUMMITSTONEHEALTH.ORG)

**CRISIS HOTLINE**

**(844) 493-TALK (8255)**  
**Text "TALK" to 38255**  
**(970) 494-4200**

**1217 RIVERSIDE AVE.**  
**FORT COLLINS, CO 80524**

**SUMMITSTONE**  
HEALTH PARTNERS 

## CRISIS STABILIZATION UNIT



**(970) 494-4200**

**1217 RIVERSIDE AVE., FORT COLLINS, CO**

# WHAT IS THE CRISIS STABILIZATION UNIT?

A short-term mental health residential facility located at SummitStone's Crisis Services Unit that offers:

- An evidence-based and culturally competent therapeutic focus with daily individual and group sessions
- Personal services (essential clothing, laundry, etc.)
- Psychiatry and nursing services
- Comprehensive treatment and discharge planning

## FACILITY FEATURES

- Accommodations for up to 10 residents, including room and board
- Up to 5-day stays
- Supportive oversight
- Connection to resources upon discharge



## DAILY SCHEDULE INCLUDES

Breakfast, Lunch, Dinner and Snacks  
Medication Administration  
Psychiatric Evaluation  
Individual Therapy as Needed  
Goals Group  
Activity Group  
Therapy Group  
Visiting Hours

## WHO CAN BENEFIT?

- Individuals in a self-defined behavioral health crisis whose needs cannot be safely accommodated in a less restrictive environment
- Individuals who are on a 72-hour mental health hold
- Individuals not at risk of elopement, violence, alcohol or substance withdrawal, or with substantial medical concerns