



# COMMUNITY

## RESOURCE GUIDE

Poudre School District

Last Updated May 2020

# INTRODUCTION

## ABOUT THIS GUIDE

The many community partners that serve youth and families want to do their best to support Poudre School District (PSD) school leaders and staff by ensuring they can connect students and families to relevant support resources.

While there are resources in the community designed to inform school staff about services, there remains a gap in information. To help bridge this gap and meet an immediate, identified need, the following compilation of resources was created to help principals and school staff easily find information about community resources in three key domains (Social and Emotional Support, Enrichment Activities, and Basic Needs).

This guide:

- is designed for school principals and staff.
- provides links to currently available resources that provide services within the PSD boundary.
- builds on existing information already available.
- is focused on services for youth and families generally, unless specifically noted.
- provides resources as a public service only. PSD does not endorse or recommend one organization over another.

The guide is not a comprehensive list of resource in the community, but rather is designed to direct PSD principals and staff to resources that align with needs occurring in their schools. As this is a first iteration of this resource, feedback will be sought about how useful it was and ways it could be improved.

## HOW TO USE THIS GUIDE

This document is interactive. Hyperlinks can be found throughout that will help to navigate within the document or access external web resources. This guide is organized into three main domains:

- Social and Emotional Support
- Enrichment Activities
- Basic Needs

**\*PLEASE NOTE: State and County Public Health requirements related to COVID-19 may impact hours of operation for the resources listed in this guide. Please call or visit web-sites for specific information as the situation evolves.**

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# SOCIAL AND EMOTIONAL DEVELOPMENT

Social and Emotional Development refers to the skills necessary to foster secure attachment with adults; maintain healthy relationships; regulate behavior and emotions; and develop a healthy concept of personal identity and executive functioning. Positive social and emotional development provides an important foundation for lifelong development and learning. Social and Emotional Development includes mental health, crisis counseling, physical/sexual abuse and neglect, LGBTQ resources, and diversity programs and services.

- 02 Mental Health
- 04 Crisis Counseling
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- 11 LGBTQ Resources
- 12 Diversity Programs and Services

The PSD Mental Health Team offers a comprehensive approach to serving students and families by blending school resources with community resources. School-based and school-linked programs provide students with early intervention, crisis intervention, prevention, and treatment to address their specific needs.

See [www.psdschools.org/student-assistance-services](http://www.psdschools.org/student-assistance-services) for more information about the PSD mental health services.

The following are external resources that can be accessed directly.

## Center for Family and Couple Therapy (CSU)

**Services Provided:** Therapy services to families, couples, individuals, adolescents, and children.

Sliding scale fees.

**Website:**

[www.cfct.chhs.colostate.edu](http://www.cfct.chhs.colostate.edu)

**Location:**

Colorado State University  
502 West Lake Street  
Gifford Building, Room 119  
Fort Collins, CO 80523

**Phone:**

970-491-5991

**Email:**

[cfct@colostate.edu](mailto:cfct@colostate.edu)

## Health District of Northern Larimer County - Mental Health Connections

**Services Provided:** Information on counseling and treatment options, referrals to local counselors, treatment programs, classes, support groups and other services tied to mental health issues.

CAYAC (Child, Adolescent, and Young Adult Connections) is a community partnership for early identification of mental health and substance use disorders that affect health, happiness, family, and school.

Services are free except for counseling, which is low-cost and based on ability to pay.

Bilingual services available.

Also see [Substance Abuse](#) and [Health and Emergency Services](#).

## Mountain Crest Behavioral Health Center (UC Health)

**Services Provided:** Comprehensive mental health assessments and treatment programs for adolescents, adults, senior citizens, and families. Inpatient and outpatient programs are available.

Also see [Substance Abuse](#).

**Website:**

<https://www.uchealth.org/locations/uchealth-mountain-crest-behavior->

**Location:**

4601 Corbett Drive  
Fort Collins, CO 80528

**Hours:**

Emergency assessments are available 24 hours a day.

**Phone:**

970-207-4800

## Salud Family Health Center

**Services Provided:** Screening for stressors and immediate support and/or referrals as necessary. Mobile health unit provides comprehensive medical services. Also provides outreach to migrant school age children with immunization, dental care, and medical services.

Sliding scale fees.

Bilingual services available.

Also see [Health and Emergency Services](#).

**Website:**

[www.saludclinic.org](http://www.saludclinic.org)

**Two Locations:**

1635 Blue Spruce Drive  
Fort Collins, CO 80524

**Medical Hours:**

Monday – Wednesday,  
7:30am – 7pm  
Thursday, Friday,  
7:30am – 5pm

**Dental Hours:**

Monday – Friday,  
8am – 5pm

**Phone:**

970-484-0999  
*24-hour access to a health provider by phone:*  
303-MYSALUD  
(697-2583)

1830 Laporte Avenue  
Fort Collins, CO 80521

**Medical Hours:**

Monday - Friday,  
7:30am - 5:00pm

**Dental Hours:**

Monday – Friday,  
8:30am – 4:30pm

**Phone:**

970-484-0999  
*24-hour access to a health provider by phone:*  
303-MYSALUD  
(697-2583)

## SummitStone Health Partners

**Services Provided:** Counseling and family support services focused on mental and behavioral health issues and concerns.

Bilingual services available.

Also see [Crisis Counseling](#).

**Website:**

<http://summitstonehealth.org>

**Location:**

Adult, Children & Family Services  
700 Centre Avenue  
Fort Collins, CO 80526

**Hours:**

Monday – Friday,  
8am – 5pm

**Phone:**

970-494-4200

## Turning Point Center for Youth & Family Development

**Services Provided:** Short- and long-term programs for behavioral, and/or mental health treatment and direct clinical intervention services to address behavioral health.

Free and sliding scale fee.

Bilingual services available.

**Website:**

[www.turningpnt.org](http://www.turningpnt.org)

**Location:**

3030 S College Avenue  
Fort Collins, CO 80525

**Hours:**

Monday – Friday,  
8:30am – 6:30pm

**Email:**

[info@turningpnt.org](mailto:info@turningpnt.org)

**Phone:**

970-221-0999

**Turning Point Referral Line:**

970-221-0999

Also see [Mentoring](#), [Crisis Counseling](#), and [Substance Abuse](#).

## Alliance for Suicide Prevention of Larimer County

**Services Provided:** Information about suicide prevention, lending library, support group referral, community resources and free educational programs for adults and youth, through RAPP, a school-based suicide education and prevention program and grief support groups.

Not a crisis center.

**Website:**

<http://allianceforsuicideprevention.org>

**Location:**

525 W Oak Street  
Suite B10  
Fort Collins, CO 80521

**Phone:**

970-482-2209

**Email:**

[info@suicideprevent.org](mailto:info@suicideprevent.org)

**Additional Crisis Resources:**

National Suicide Hotline: 1-800-273-TALK (8255)  
Colorado Crisis Support: 1-844-493-TALK (8255)

## Crossroads Safehouse

**Services Provided:** Safe emergency housing for victims of domestic abuse, crisis intervention, legal assistance, transitional housing, education, information and referral services.

Free.

Bilingual services available.

Also see [Physical/Sexual Abuse and Neglect](#) and [Legal Services](#).

**Website:**

[www.crossroadssafehouse.org](http://www.crossroadssafehouse.org)

**Location:**

Call to get location address

**Hours:**

Monday – Friday,  
9am – 5pm  
*Emergency shelter and assistance available 24 hours a day, seven days a week.*

**24/7 Crisis/Info Line:**

970-482-3502

**Toll-free Crisis Line:**  
1-888-541-SAFE (7233)

**Email:**

[mail@crossroadssafehouse.org](mailto:mail@crossroadssafehouse.org)

## Larimer County Children, Youth and Family Services - The Hub

**Services Provided:** Services to youth (ages 0-18) and their families including: child protection screening and assessment, detention, early intervention services, individual and/or family counseling, 24-hour assistance in investigating allegations of child abuse and neglect.

Free.

Bilingual services available.

**Website:**

<https://www.larimer.org/humanservices/cyf/hub>

**Location:**

2555 Midpoint Drive  
Suite F  
Fort Collins, CO 80525

**Walk-in Hours:**

Monday-Friday  
8:00am-5:00pm  
*The Hub is staffed 24-hours a day, 7 days a week, by a team of intake specialists.*

**Child Protection Hotline (answered 24/7)**

970-498-6990

## Sexual Assault Victim Advocate (SAVA) Center

**Services Provided:** Crisis hotline, direct services, medical and legal advocacy to help sexual assault survivors understand their rights and options. Weekly support groups for primary and secondary survivors. Prevention and education programs for youth and adults.

Sliding scale fees.

Bilingual services available.

Also see [Physical/Sexual Abuse and Neglect](#).

**Website:**

<http://savacenter.org>

**Location:**

4812 S. College Avenue  
Fort Collins, CO 80524

**Hours:**

Monday – Friday,  
8:30am – 5pm

**Phone:**

970-472-4204

**24-Hour Rape  
Crisis Hotline:**

970-472-4200 or  
877-352-7273

## SummitStone Health Partners

**Services Provided:** Behavioral health crisis support for all ages. Walk-in availability with short-term respite or residential treatment when needed. 10-bed Community Crisis Clinic for up to 5 days (ages 18 and over). Mobile crisis counselors are available to travel throughout Larimer County. Immediate crisis intervention and de-escalation. Follow-up care, assessment, and intervention.

Free and sliding scale fees.

Bilingual services available.

Also see [Mental Health](#).

**Website:**

<http://summitstonehealth.org>

**Crisis Walk-In Location:**

1217 Riverside Avenue  
Fort Collins, CO 80524

**Hours:**

8:00am - Midnight

**Phone:**

970-494-4200

**Crisis Line:**

1-844-493-TALK  
(8255)

## Turning Point Center for Youth & Family Development

**Services Provided:** Individual counseling for teens, as well as family therapy dealing with mental health and substance abuse issues.

Free and sliding scale fees.

Bilingual services available.

Also see [Mental Health](#), [Mentoring](#), and [Substance Abuse](#).

**Website:**

[www.turningpnt.org](http://www.turningpnt.org)

**Location:**

3030 S College Avenue  
Fort Collins, CO 80525

**Hours:**

Monday – Friday,  
8:30am – 6:30pm

**Email:**

[info@turningpnt.org](mailto:info@turningpnt.org)

**Phone:**

970-221-0999

**Turning Point  
Referral Line:**

970-221-0999

## AL-ANON & ALATEEN

**Services Provided:** Support and programming to anyone affected by a relative or friend's drinking.

Free.

Bilingual services available.

**Website:**

<http://al-anon-noco.org/index.html>

**Location:**

District 20 P.O. Box 1207  
Fort Collins, CO 80527-1207

**Phone:**

970-488-1383

**Email:**

alanonfort@gmail.com

**24-Hour Contact:**

970-2AL-ANON  
(970-225-2666)

## Alcoholics Anonymous

**Services Provided:** Support groups and programming for individuals with alcohol related problems.

Literature translation services available. Spanish speaking only groups vary by region.

**Website:**

[www.northcoloradoaa.org](http://www.northcoloradoaa.org)

**Location:**

155 N College Avenue #120  
Fort Collins, CO 80524

**Hours:**

Monday – Friday,  
9am – 5pm

**24-Hour Contact:**

970-224-3552

**Email:**

OfficeManager@NorthColoradoAA.org

## Health District of Northern Colorado - Step Free From Tobacco program

**Services Provided:** Step Free From Tobacco Program, a six-week class run by Tobacco Treatment Specialists. Free nicotine patches, gum or lozenges. Individual, buddy or group sessions.

Sliding scale fees.

Bilingual services available.

Also see [Mental Health](#) and [Health and Emergency Services](#).

**Website:**

[www.healthdistrict.org/services/quit-smoking](http://www.healthdistrict.org/services/quit-smoking)

**Location:**

120 Bristlecone Drive  
Fort Collins, CO 80524

**Hours:**

Monday – Friday,  
8am – 5pm

**Walk in services:**

Monday – Friday,  
8am – 4pm

**Phone:**

970-224-5209

*Phone support help available 24 hours a day*

**Email:**

quitsmoking@healthdistrict.org



## Larimer County Department of Health & Environment

**Services Provided:** Information and resources about tobacco education, prevention, policy, and cessation for youth and adult populations.

Free and sliding scale fees.

Bilingual services available.

**Website:**

<https://www.larimer.org/health/chronic-disease-and-injury-prevention/tobacco-prevention>

**Location:**

1525 Blue Spruce Drive  
Fort Collins, CO 80524

**Hours:**

Monday – Friday,  
8am – 4:30pm

**Phone:**

970-498-6700

## Mountain Crest Behavioral Health Center (UC Health)

**Services Provided:** Chemical dependency intensive outpatient program, which focuses on education, prevention of relapse, and effective ways to deal with life stress.

Also see [Mental Health](#).

**Website:**

<https://www.uchealth.org/services/addiction-treatment/>

**Location:**

4601 Corbett Drive  
Fort Collins, CO 80528

**Hours:**

*Emergency assessments are available 24 hours a day.*

**Phone:**

970-207-4800

## Narcotics Anonymous

**Services Provided:** Support groups for individuals with narcotics related problems.

**Website:**

<http://nacolorado.org/meetings>

*See website for meeting locations and information.*

**Phone:**

970-282-8079

**Email:**

[nacolorado@nacolorado.org](mailto:nacolorado@nacolorado.org)

## The Center for Family Outreach

**Services Provided:** Substance abuse prevention classes for youth, and education, intervention, and support for families who are challenged by the adolescent years.

Free and sliding scale fees.

Bilingual services available.

**Website:**

[www.tcffo.org](http://www.tcffo.org)

**Location:**

212 W Mountain Avenue  
Fort Collins, CO 80521

**Hours:**

Monday – Friday,  
8:30am – 5pm

**Phone:**

970-495-0084

## Turning Point Center for Youth & Family Development

**Services Provided:** Short- and long-term substance abuse treatment options (day and residential), addiction education, counseling and therapy, and case management.

Free and sliding scale fees.

Bilingual services available.

Also see [Mental Health](#), [Crisis Counseling](#), and [Mentoring](#).

**Website:**

[www.turningpnt.org](http://www.turningpnt.org)

**Location:**

3030 S College Avenue  
Fort Collins, CO 80525

**Hours:**

Monday – Friday,  
8:30am – 6:30pm

**Phone:**

970-221-0999

**Email:**

[info@turningpnt.org](mailto:info@turningpnt.org)

**Turning Point Referral Line:**

970-221-0999

# PHYSICAL/SEXUAL ABUSE AND NEGLECT

## ChildSafe Colorado, Inc.

**Services Provided:** Treatment program for child and adult victims of childhood abuse, particularly child sexual abuse, and their non-offending family members.

Information and referral, support, education, and therapy.

Coordinates services with law enforcement, child protection agencies, schools, medical professionals, and other mental health providers.

Sliding scale fees.

Bilingual services available.

**Website:**

[www.childsafecolorado.org](http://www.childsafecolorado.org)

**Location:**

2001 South Shields Street,  
Building K  
Fort Collins, CO 80526

**Hours:**

Monday – Thursday,  
9am – 7pm  
Friday  
9:00am – 3:00pm

**Phone:**

970-472-4133

## Crossroads Safehouse

**Services Provided:** Safe emergency housing, 24 hours a day, 7 days a week, crisis intervention, legal assistance, transitional housing, victim abuse education and information, and referral services.

Free.

Bilingual services available.

Also see [Crisis Counseling](#) and [Legal Services](#).

**Website:**

[www.crossroadssafehouse.org](http://www.crossroadssafehouse.org)

**Location:**

Call to get location address

**Hours:**

Monday – Friday,  
9am – 5pm

**24/7 Crisis/Info**

**Line:**

970-482-3502

**Email:**

[mail@crossroadssafehouse.org](mailto:mail@crossroadssafehouse.org)

*Safehouse is open 24 hours a day, seven days a week to those needing shelter and assistance.*

**Toll-free Crisis**

**Line:**

1-888-541-SAFE  
(7233)

## Larimer County Children, Youth and Family Services - Child Protection Services

**Services Provided:** Services to youth (ages 0-18) and their families including: child protection screening and assessment, detention, early intervention services, individual and/or family counseling, 24-hour assistance in investigating allegations of child abuse and neglect.

Free.

Bilingual services available.

**Website:**

[www.larimer.org/humanservices/cyf/childprotection.htm](http://www.larimer.org/humanservices/cyf/childprotection.htm)

**Location:**

2555 Midpoint Drive,  
Suite F  
Fort Collins, CO 80525

**Hours:**

Monday – Friday,  
8am – 4:30pm  
*Intake specialist available 24 hours a day / 7 days a week.*

**Phone:**

970-498-6990  
*Report child abuse or neglect, 24 hours a day / 7 days a week.*

## Sexual Assault Victim Advocate (SAVA) Center

**Services Provided:** Crisis hotline, direct services, medical and legal advocacy to help sexual assault survivors understand their rights and options. Weekly support groups for primary and secondary survivors. Prevention and education programs for youth and adults.

Sliding scale fees.

Bilingual services available.

Also see [Crisis Counseling](#).

**Website:**

<http://savacenter.org>

**Location:**

4812 S. College Avenue  
Fort Collins, CO 80524

**Hours:**

Monday – Friday,  
8:30am – 5pm

**Phone:**

970-472-4204

**24-Hour Rape**

**Crisis Hotline:**

970-472-4200 or

877-352-7273

## Voices Carry Child Advocacy Center (formerly Larimer County Child Advocacy Center)

**Services Provided:** Child abuse prevention, victim support, family advocacy, forensic interviews, crisis intervention, follow-up support, referrals (i.e. domestic violence shelters, parenting classes, restraining orders, housing, etc.). Information about victim rights and compensation, and the child protection and criminal justice systems.

Free.

Bilingual services available.

**Website:**

[www.voicescarrycac.org](http://www.voicescarrycac.org)

**Location:**

5529 S. Timberline Road  
Fort Collins, Colorado 80528

**Phone:**

970-407-9739

## Northern Colorado Equality (NOCO Pride)

**Services Provided:** Support, resources, advocacy, and diversity education. Providing safe spaces, meetups and workshops for youth, individuals, and families.

Free.

**Website:**

<https://northerncoloradopride.wordpress.com>

**Phone:**

970-445-2863

**Hours:**

9am – 9pm

**Email:**

[northerncoloradopride@gmail.com](mailto:northerncoloradopride@gmail.com)

## PFLAG Fort Collins/Northern Colorado

**Services Provided:** Support for families, allies, and people who are LGBTQ. Education about unique issues and challenges facing people who are LGBTQ. Advocacy through Safe Schools program.

Free.

**Website:**

<https://pflag.org/chapter/pflag-fort-collinsnorthern-colorado>

**Phone:**

970-407-0300

**Email:**

[pflag.noco@gmail.com](mailto:pflag.noco@gmail.com)

## NoCoSafeSpace

**Services Provided:** Provides highly knowledgeable and professional facilitation and information to employers on LGBTQ issues and awareness.

Low-cost fee.

**Website:**

<https://nocosafespace.com>

## SPLASH (Support, Pride, Learning and Social Happenings)

**Services Provided:** A youth run program that provides activities for peer support to help peers learn transferable professional, leadership and communication skills through a hands on approach with often immediate feedback from peers and guidance from experienced community leaders.

Free.

**Website:**

<http://splashnoco.org>

**Phone:**

text 970-444-5423

**Email:**

[focosplash@gmail.com](mailto:focosplash@gmail.com)

Colorado State University (CSU) offers many diversity programs and services to both CSU and the broader community. If you are interested in more detail about the programming or their knowledge of other relevant community resources, please contact the centers directly at <http://studentdiversity.colostate.edu>.

**MISSION** The mission of all CSU Student Diversity Programs and Services is to enhance all student learning experiences by supporting recruitment and providing retention activities, a sense of shared community, cultural education, leadership opportunities, and fostering efforts to promote social justice as members of a global society.

## Asian/Pacific American Cultural Center (A/PACC)

**Website:**

[www.apacc.colostate.edu](http://www.apacc.colostate.edu)

**Location:**

333 Lory Student Center

**Phone:**

970-491-6154

## Black/African American Cultural Center (B/AACC)

**Website:**

<http://baacc.colostate.edu>

**Location:**

335 Lory Student Center

**Phone:**

970-491-5781

## El Centro

**Website:**

[www.elcentro.colostate.edu](http://www.elcentro.colostate.edu)

**Location:**

225 Lory Student Center

**Phone:**

970-491-5722

## Gay, Lesbian, Bisexual & Transgender, Queer, Questioning, and Ally Resource Center (GLBTQ<sup>2</sup>A)

**Website:**

[www.glbtrc.colostate.edu](http://www.glbtrc.colostate.edu)

**Location:**

232 Lory Student Center

**Phone:**

970-491-4342

## Native American Cultural Center (NACC)

**Website:**

[www.nacc.colostate.edu](http://www.nacc.colostate.edu)

**Location:**

327 Lory Student Center

**Phone:**

970-491-1332

## Student Disability Center

**Website:**

[www.disabilitycenter.colostate.edu/](http://www.disabilitycenter.colostate.edu/)

**Location:**

TILT Building, room 121

**Phone:**

970-491-6385

## Women and Gender Advocacy Center

**Website:**

[www.wgac.colostate.edu/](http://www.wgac.colostate.edu/)

**Location:**

112 Student Services

**Phone:**

70-491-6384

# ENRICHMENT ACTIVITIES

Enrichment refers to the many things that students do beyond their academic pursuits and the normal requirements of their school life. Enrichment activities could include physical activity to develop motor skills, social support in the school, home, or community, access to arts and culture, etc. Enrichment Activities include mentoring, summer and after school activities and learning opportunities.

- 14    Mentoring
- 16    Summer and After-School Activities
- 20    Learning Opportunities

## Campus Connections (formerly Campus Corps)

**Services Provided:** Utilizes CSU undergraduate students to serve as mentors to youth. Students work one-on-one with youth ranging in age from 11-18. Mentors/program provides academic support and career planning, encourages positive social skills development, assists with goal setting, and implements wellness programming.

Referral from counselor or other professional working with youth and families, or direct referral from a family member.

Free.

Bilingual services available.

**Website:**

[www.chhs.colostate.edu/cc](http://www.chhs.colostate.edu/cc)

**Location:**

Colorado State University  
502 W. Lake Street  
Gifford Building, Room 142  
Fort Collins, CO 80523

**Phone:**

970-492-4004

**Email:**

[campusconnections@colostate.edu](mailto:campusconnections@colostate.edu)

## The Matthews House

**Services Provided:** Mentoring, tutoring, life-skills courses that support youth, ages 14-21, including education advancement, safe places, leadership, mentoring job readiness, and experiential education activities.

Free.

Bilingual services available.

**Website:**

<https://thematthewshouse.org/>

**Location:**

Youth and Family Center  
415 Mason Court., #1  
Fort Collins, CO 80524

**Hours:**

Monday – Friday,  
9am – 5pm

**Phone:**

970-472-0609

**Email:**

[info@thematthewshouse.org](mailto:info@thematthewshouse.org)

Also see [Summer and After-School Activities, Learning Opportunities](#), and [Housing/Shelter](#).

## Partners Mentoring Youth

**Services Provided:** Social, emotional and academic support through school-based and community-based mentoring programs matching at risk youth ages 7- 17 with adult volunteers for mentoring and life skill activities.

Referral from counselor or other professional who works with youth and families needed.

Free.

Bilingual services available.

**Website:**

<http://partnersmentoringyouth.org>

**Location:**

530 South College Avenue,  
Unit 1  
Fort Collins, CO 80524

**Hours:**

Monday – Friday,  
8:30am – 5pm

**Phone:**

970-484-7123



## Turning Point Center for Youth & Family Development

**Services Provided:** Mentoring for elementary, middle, and high school students. Services include pro-social recreational and leisure activities, life skills development, social skills development, transportation, connections to community activities, help with homework and tutoring, and assistance with education and employment applications and interviews.

Free and sliding scale fees.

Bilingual services available.

Also see [Mental Health](#), [Crisis Counseling](#), and [Substance Abuse](#).

**Website:**  
[www.turningpnt.org](http://www.turningpnt.org)

**Location:**  
3030 S College Avenue  
Fort Collins, CO 80525

**Hours:**  
Monday – Friday,  
8:30am – 6:30pm

**Email:**  
[info@turningpnt.org](mailto:info@turningpnt.org)

**Phone:**  
970-221-0999

**Turning Point  
Referral Line:**  
970-221-0999

# SUMMER AND AFTER-SCHOOL ACTIVITIES

## Boys & Girls Club of Larimer County

**Services Provided:** Onsite recreational, educational, and life skill programming for youth, ages 6-18. Personal and career counseling, leadership training, character development, space for homework, one-on-one tutoring, college and vocational preparation, and access to computer lab. Programs include health and hygiene; bullying prevention; drug, tobacco, and alcohol prevention; teen pregnancy prevention; conflict and anger management; and peer mediation.

Sliding scale fees. Membership is \$10/year.

Bilingual services available.

Also see [Learning Opportunities](#).

**Website:**  
[www.begreatlarimer.org](http://www.begreatlarimer.org)

**Program Support Office:**  
103 Smokey Street  
Fort Collins, CO 80525  
*Clubhouses are located in Fort Collins, Wellington, Estes Park and Loveland.*

**School Day Hours:**  
Monday – Friday,  
2:30pm – 7pm

**Out of School Day Hours:**  
Monday - Friday,  
7:30am - 6:00pm

**Summer Programs:**  
Monday – Friday,  
7:30am – 6pm

**Phone:**  
970-223-1709

*Programming occurs when schools are closed, winter and spring breaks, and during the summer months.*

**Email:**  
[info@bgclarimer.org](mailto:info@bgclarimer.org)

## Colorado State University Youth Sports Camps

**Services Provided:** Variety of summer camp programs throughout the summer, ranging from specific sport training camps (such as baseball camps, basketball camps, inline hockey camps, lacrosse camps, soccer camps, softball camps, tennis camps, and volleyball camps) to multi-activity camps like music and movement (dance, martial arts, aerobics, and gymnastics camps), Super Sport (swim lessons, field trips, and health sport-specific programming), FunLIFE (health and nutrition camps), and Sport Science.

Fee-based. Scholarships available.

**Website:**  
[www.chhs.colostate.edu/hes-youth-sport-camps/](http://www.chhs.colostate.edu/hes-youth-sport-camps/)

**Location:**  
186 Moby Complex B  
951 Plum Street  
Fort Collins, CO 80523

**Phone:**  
970-491-6318

**Email:**  
[ysc@colostate.edu](mailto:ysc@colostate.edu)

# SUMMER AND AFTER-SCHOOL ACTIVITIES

## The Family Center/La Familia

**Services Provided:** Services and advocacy for families, with the primary goal to strengthen and stabilize families with children.

The After-School Program is a homework assistance program for students, grades K-12. The program provides afternoon snack, homework/reading help, fun activities, and positive mentoring relationships to support social and academic success.

The Family Center offers an 8-week summer program, Monday – Friday, 9am – 3pm.

Sliding scale fees.

Bilingual services available.

Also see [Childcare](#).

## Fort Collins Museum of Discovery

**Services Provided:** Programs and events ranging from musical performances and lectures to stargazing and hands-on science labs, as well as youth summer programs.

Opportunity Program offers free memberships to Head Start students and their families; covers the admission fees for Free and Reduced Lunch students visiting on school field trips; provides a limited number of scholarships for summer programs; and supports FCMOD's quarterly free days.

Some programs fee-based, others are free.

Bilingual services available.

## The Fort Collins Recreation Department / The Recreator

**Services Provided:** The Recreator is a comprehensive community resource that includes information on City of Fort Collins Recreation facilities, programs, events and activities. The Recreator features a diverse collection of community-wide opportunities for all ages and abilities. The Recreator is published quarterly and available throughout the community and online.

**Website:**  
<http://thefamilycenterfc.org>

**Location:**  
309 Hickory Street, #5  
Fort Collins, CO 80524

**Hours:**  
Monday – Friday,  
8am – 5pm

**Phone:**  
970-221-1615

Early Childhood Center  
(El Nidito):  
Monday – Friday,  
6:30am – 6pm

**Email:**  
[info@thefamilycenterfc.org](mailto:info@thefamilycenterfc.org)

*Many of the Family Strengthening and Healthy Living programs are hosted in the evening outside of normal hours of operation.*

**Website:**  
<http://fcmof.org>

**Location:**  
408 Mason Court  
Fort Collins, CO 80524

**Hours:**  
Tuesday – Sunday,  
10am – 5pm  
Thursday, 10am – 8pm  
*Closed Mondays and Holidays*

**Phone:**  
970-221-6738

**Website:**  
[www.fcgov.com/recreator](http://www.fcgov.com/recreator)

**Phone:**  
970-221-6655

## Friends of the Gardens on Spring Creek

**Services Provided:** Variety of youth programs, classes, and special events to introduce and engage children to the wonders of the natural world.

Ongoing programs, one-time classes, and spring break and summer camps are developed with all age groups in mind, including toddlers and preschoolers. Many parent and child opportunities exist in addition to several experiential opportunities.

Low cost and scholarships for youth specific classes and programs to income-qualifying families.

Bilingual services available.

**Website:**

[www.fcgov.com/gardens](http://www.fcgov.com/gardens)

**Location:**

2145 Centre Avenue  
Fort Collins, CO 80526

**Hours May 1 – Sept. 30:**

Thursday – Tuesday, 10am – 5pm  
Wednesday, 10am – 8pm

**Phone:**

970-416-2486

**Hours Oct. 1–Apr. 30**

10am – 5pm

**Email:**

[gardens@fcgov.com](mailto:gardens@fcgov.com)

## The Matthews House

**Services Provided:** Various family and youth programming opportunities to children, adults and families such as dance programs, Zumba, pickup basketball, parenting classes, Homework Helpers, job readiness and one-on-one Transition Facilitation for families. Adult education programs as well as after school programming for elementary and middle school youth.

Open to the public and free.

Bilingual services available.

Also see [Mentoring](#), [Learning Opportunities](#), and [Housing/Shelter](#).

**Website:**

<https://thematthewshouse.org/>

**Two Locations:**

Community Life Center @  
First Pres.  
531 S College Avenue  
Fort Collins, CO 80524

**Hours:**

Monday – Thursday,  
9am – 6pm  
Friday, 9am – 5pm

**Phone for both centers:**

970-449-5191

**Email:**

[info@thematthewshouse.org](mailto:info@thematthewshouse.org)

Community Life Center at  
Genesis Project  
400 S. Link Lane  
Fort Collins, CO 80524

**Hours:**

Monday – Friday,  
by appointment

## Northside Aztlan Community Center

**Services Provided:** Fitness and events facility with a variety of activities, classes, programs, sports, and special events.

Partnership with Vida Sana provides discounted access to the center and programs.

Some programs are fee-based, others are free.

Bilingual services available.

**Website:**

[www.fcgov.com/recreation/north-aztlan.php](http://www.fcgov.com/recreation/north-aztlan.php)

**Location:**

112 E. Willow Street  
Fort Collins, CO 80524

**Hours:**

Monday – Friday,  
6am – 9pm  
Saturday, 8am – 5pm  
Sunday, 9am – 5pm

**Phone:**

970-221-6256

**Youth Nights:**

Thursday, 3pm – 9pm  
*Free for ages: 12-18*

*Organized activities are designed for ages 12 – 18 years, but all ages are welcome. Organized activities take place from 6pm – 8pm.*

# LEARNING OPPORTUNITIES

## Boys & Girls Club of Larimer County

**Services Provided:** Onsite recreational, educational, and life skill programming for youth, ages 6-18. Personal and career counseling, leadership training, character development, space for homework, one-on-one tutoring, college and vocational preparation, and access to computer lab. Programs include health and hygiene; bullying prevention; drug, tobacco, and alcohol prevention; teen pregnancy prevention; conflict and anger management; and peer mediation.

Sliding scale fees. Membership is \$10/year.

Bilingual services available.

Also see [Summer and After-School Activities](#).

**Website:**

[www.begreatlarimer.org](http://www.begreatlarimer.org)

**Program Support Office:**

103 Smokey Street  
Fort Collins, CO 80525  
*Clubhouses are located in Fort Collins, Wellington, Estes Park and Loveland.*

**School Day Hours:**

Monday – Friday,  
2:30pm – 7pm

**Out of School Day Hours:**

Monday - Friday,  
7:30am - 6:00pm

**Summer Programs:**

Monday – Friday,  
7:30am – 6pm

**Phone:**

970-223-1709

*Programming occurs when schools are closed, winter and spring breaks and during the summer months.*

**Email:**

[info@bgclarimer.org](mailto:info@bgclarimer.org)

## Center for Community Literacy

**Services Provided:** Alternative literacy opportunities designed to educate and empower underserved populations (e.g. incarcerated juveniles and adults, adult learners, women, at risk youth, English Language Learners) and to support university-community literacy outreach programs.

Free.

**Website:**

<http://literacy.colostate.edu>

**Location:**

Colorado State University  
346A Eddy Hall  
Fort Collins, CO 80523

**Phone:**

970-491-7251

**Email:**

[clc@colostate.edu](mailto:clc@colostate.edu)

## Children’s Speech & Reading Center

**Services Provided:** Free screenings and professional and affordable treatment and therapy services to children (birth-12 years old) with speech, language, or reading delays.

Free.

Bilingual services available.

**Website:**

[www.csrckids.org](http://www.csrckids.org)

**Location:**

1330 Oakridge Drive,  
Suite #10  
Fort Collins, CO 80525

**Hours:**

Monday – Friday,  
8am – 5pm

**Phone:**

970-419-0486

**Email:**

[info@csrckids.org](mailto:info@csrckids.org)

## The Matthews House

**Services Provided:** Various family and youth programming opportunities to children, adults and families such as dance programs, Zumba, pickup basketball, parenting classes, Homework Helpers, job readiness and one-on-one Transition Facilitation for families. Adult education programs as well as after school programming for elementary and middle school youth.

Open to the public and free.

Bilingual services available.

Also see [Mentoring, Summer and After-School Activities](#), and [Housing/Shelter](#).

**Website:**  
<https://thematthewshouse.org/>

**Email:**  
info@thematthewshouse.org

**Three Locations:**  
Community Life Center at  
First Pres.  
531 S College Avenue  
Fort Collins, CO 80524

**Hours:**  
Monday – Friday,  
9am – 7pm  
Saturday, 12pm – 5pm

**Phone:**  
970-449-5191

Community Life Center at  
Genesis Project  
400 S. Link Lane  
Fort Collins, CO 80524

**Hours:**  
by appointment

**Phone:**  
970-449-5191

Youth and Family Center  
415 Mason Court, #1  
Fort Collins, CO 80524

**Hours:**  
Monday – Friday,  
9am – 5pm

**Phone:**  
970-472-0609

## Poudre River Public Library District

**Services Provided:** Community resources for youth and adult education, and a variety of programming and classes focused on learning.

Free.

Bilingual services available.

**Website:**

[www.poudrelibraries.org](http://www.poudrelibraries.org)

**Three Locations:**

Old Town Library  
201 Petersons Street  
Fort Collins, CO 80521

**Hours:**

Monday - Thursday,  
9am - 9pm  
Friday, 9am - 6pm  
Saturday 9am - 5pm  
Sunday, 12 - 5pm

**Phone:**

970-206-8204

Harmony Library  
4616 S Shields Street  
Fort Collins, CO 80526

**Hours:**

Monday - Thursday,  
9am - 9pm  
Friday, 9am - 6pm  
Saturday, 9am - 5pm  
Sunday, 12 - 5pm

**Phone:**

970-204-8206

Council Tree Library  
2733 Council Tree Avenue,  
#200  
Fort Collins, CO 80525

**Hours:**

Monday - Saturday,  
9am - 9pm  
Sunday, 12 - 6pm

**Phone:**

970-221-6740

## Vroom

**Services Provided:** A global program of the Bezos Family Foundation, Vroom helps parents boost their child's learning during the time they already spend together. Vroom meets parents where they are, through the people they already trust and the places they already go.

Free.

Bilingual services available.

**Website:**

<https://www.vroom.org/>



# BASIC NEEDS

Basic Needs refers to fundamental requirements that serve as the foundation for survival. Access to the basic needs of life is necessary to the development of a strong community and a necessary precursor to individual self-sufficiency. Basic Needs include food and clothing, housing/shelter, health and emergency services, childcare, transportation, disability services, and legal services.

- 25 Food and Clothing
- 28 Housing / Shelter
- 31 Health and Emergency Services
- 34 Transportation
- 36 Disability Services
- 37 Childcare
- 39 Legal Services

**INCOME ELIGIBILITY** There are a number of agencies listed in this Basic Needs domain that have income eligibility requirements for services. Individuals should inquire about eligibility.

Please reference the table for guidance on common income eligibility guidelines.

	100 % FPL	130% FPL Free Lunch	185% FPL Reduced Lunch, Food Bank Eligibility
3-Member Household	\$21,720	\$28,236	\$40,182
4-Member Household	\$26,200	\$34,060	\$48,470

*\*these numbers are up to date for 2020*

## Food Bank for Larimer County

**Services Provided:** Emergency food for low income families and individuals and provides hunger-relief and nutrition programs.

Free.

Bilingual services available.

**Website:**

[www.foodbanklarimer.org](http://www.foodbanklarimer.org)

**Location:**

1301 Blue Spruce Drive  
Fort Collins, CO 80524

*find more information about locations, including mobile food pantries, here:*

[https://foodbanklarimer.org/where\\_do\\_i\\_go/](https://foodbanklarimer.org/where_do_i_go/)

**Business Office Hours:**

Monday – Friday,  
8am – 4:30pm

**Food Share Hours:**

Monday – Friday,  
1pm – 6pm

**Phone:**

970-493-4477

**Email:**

[info@foodbanklarimer.org](mailto:info@foodbanklarimer.org)

## Fort Collins Rescue Mission

**Services Provided:** Overnight shelter, a day center, meals, clothing and help to homeless men and women. Christian, secular, and family oriented programs are offered.

Free.

Bilingual services available.

Also see [Housing/Shelter](#).

**Website:**

[www.fortcollinsrescuemission.org](http://www.fortcollinsrescuemission.org)

**Location:**

316 Jefferson St.  
Fort Collins, CO 80524

**Hours (7 days a week):**

Day Center: 8am – 4:30pm  
Overnight Check-In: 6pm – 7pm

**Phone:**

970-224-4302

## Homeward Alliance (housed in The Murphy Center)

**Services Provided:** Clothing and non-perishable food, periodic distribution of clothing for children, street outreach to the homeless, support to help families access benefits, job counseling, and a One Village One Family program that provides support for families in need of stable housing.

Free.

Bilingual services available.

**Website:**

<https://www.homewardalliance.org/>

**Location:**

242 Conifer Street  
Fort Collins, CO 80524

**Hours:**

Monday – Friday,  
8am – 5pm

**Phone:**

970-658-9878

**Email:**

[info@homewardalliance.org](mailto:info@homewardalliance.org)

## Kids Closet – First United Methodist Church

**Services Provided:** Gently used clothing for children sizes newborn – 16.

Free.

**Website:**

<http://fcfumc.net/outreach/kidscloset>

**Location:**

1005 Stover Street  
Fort Collins, 80524

*Located in the basement of the church, Administrative wing.*

**Hours:**

The Kids' Closet is open  
Wednesdays 3pm – 6pm,  
Saturdays 9am – 12pm or by  
appointment.

**Phone:**

970-482-2436

## Larimer County Department of Health and Environment - WIC (Women Infants Children)

**Services Provided:** Support to pregnant women or women with children under 5 in a low income bracket. Special supplemental nutrition program for women, infants, and children. Provides nutritious foods and nutrition education to pregnant, breastfeeding, and postpartum women.

Free.

Bilingual services available.

**Website:**

[www.larimer.org/health/maternal-child-and-family-health/wic](http://www.larimer.org/health/maternal-child-and-family-health/wic)

**Location:**

1525 Blue Spruce Drive  
Fort Collins, CO 80524

**Hours:**

Monday – Friday,  
8:00am – 5:30pm  
closed on first Wednesday of  
each month

**Phone:**

970-498-6720

## Larimer County - Food, Medical, and Financial Assistance

**Services Provided:** Food stamps (SNAP), nutrition education programs, and food safety information.

Free.

Bilingual services available.

**Website:**

[www.larimer.org/humanservices/assistance](http://www.larimer.org/humanservices/assistance)

**Location:**

1501 Blue Spruce Drive  
Fort Collins, CO 80524

**Hours:**

Monday – Friday,  
8am – 4:30pm

**Phone:**

970-498-6300

## Meals on Wheels

**Services Provided:** Meals to homebound seniors, individuals with disabilities or adults who are recovering from illness or surgery and are unable to prepare meals for themselves.

Free.

Bilingual services available.

**Website:**

[www.fcnow.org](http://www.fcnow.org)

**Location:**

1217 E. Elizabeth Street, Unit 111  
Fort Collins, CO 80524

**Hours:**

Monday – Friday,  
8:30am – 2:00pm

**Phone:**

970-484-6325

**Email:**

[info@mealsonwheelsfc.org](mailto:info@mealsonwheelsfc.org)

## No Kid Hungry

**Services Provided:** Information for educators and families about school breakfast, afterschool meals, summer meals, and SNAP.

Free.

Bilingual services available.

*text the word "FOOD" (or "COMIDA") to 877877 to find your nearest sites*

**Website:**

<https://www.nokidhungry.org/find-meal-sites>

*find more resources at*

<https://bestpractices.nokidhungry.org/resource-center>

**Phone:**

800-969-4767

## Salvation Army

**Services Provided:** Food Pantry provides free, fresh produce and canned goods.

Food box program provides food, including baby and pet needs twice a month. Meal Programs provide sit-down community meals and, mobile meals delivered to those who cannot reach a food distribution center.

Free.

Bilingual services available.

**Website:**

<http://fortcollins.salvationarmy.org>

**Phone:**

970-207-4473

**Location:**

3901 S. Mason Street  
Fort Collins, CO, 80525

**Hours:**

For information:  
Monday or Wednesday,  
10am – 12pm

Breakfast:  
Monday – Friday,  
8am – 12pm

To-go lunches:  
Monday – Friday,  
11am – 4pm

## Catholic Charities – The Mission

**Services Provided:** Shelter and housing programming.

Free.

Bilingual services available.

Also see [Health and Emergency Services](#) and [Legal Services](#).

**Website:**

<http://ccdenver.org/homeless-shelters/the-mission/>

**Location:**

460 Linden Center Drive  
Fort Collins, CO 80524

**Phone:**

970-484-5010

## Family Housing Network

**Services Provided:** Emergency and stabilizing services needed for parents and children. Shelters and feeds families in overnight shelter program (limited space), case management services, day center, and transitional housing.

Free.

**Website:**

<http://www.faithfamilyhospitality.org/>

**Location:**

1606 S Lemay Avenue,  
Suite 103  
Fort Collins, CO 80525

**Hours:**

Monday, Tuesday, Thursday,  
9am – 6pm

Wednesday, Friday,  
9am – 5pm

Saturday, 9am – 4pm

**Phone:**

970-484-3342

## Housing Catalyst (formerly Fort Collins Housing Authority)

**Services Provided:** Safe and affordable housing, through offering multiple solutions to affordable housing, administers Public Housing and Housing Choice Voucher (HCV) programs.

Free.

Bilingual services available.

**Website:**

<https://housingcatalyst.com>

**Location:**

1715 W. Mountain Avenue  
Fort Collins, CO 80521

**Hours:**

Monday – Friday,  
8am – 5pm

**Phone:**

970-416-2910

**Email:**

[info@housingcatalyst.com](mailto:info@housingcatalyst.com)

## Fort Collins Rescue Mission

**Services Provided:** Overnight shelter, a day center, meals, clothing and help to homeless men and women. Christian, Secular, and Family oriented programs are offered.

Free.

Bilingual services available.

Also see [Food and Clothing](#).

**Website:**

[www.fortcollinsrescuemission.org](http://www.fortcollinsrescuemission.org)

**Location:**

316 Jefferson Street  
Fort Collins, CO 80524

**Hours (7 days a week):**

Day Center: 8am – 4:30pm  
Overnight Check-In: 6pm – 7pm

**Phone:**

970-224-4302

## Larimer County - Food, Medical, and Financial Assistance - LEAP

**Services Provided:** Financial assistance to help low income households with winter home heating costs.

Free.

Bilingual services available.

**Website:**

[www.larimer.org/humanservices/assistance/leap.htm](http://www.larimer.org/humanservices/assistance/leap.htm)

**Location:**

1501 Blue Spruce Drive  
Fort Collins, CO 80524

**Hours:**

Monday – Friday,  
8am – 4:30pm

**Phone:**

970-498-6300

**Email:**

[LEAPHELP@discovermygoodwill.org](mailto:LEAPHELP@discovermygoodwill.org)

## The Matthews House - The HOST Program (Housing Opportunities Supporting Transition)

**Services Provided:** Temporary home for children, youth, and families who are in a crisis situation, through volunteer HOST families.

Free.

Bilingual services available.

**Website:**

<http://thematthewshouse.org/host/>

**Location:**

Youth and Family Center  
415 Mason Court, #1  
Fort Collins, CO 80524

**Hours:**

Monday – Friday,  
9am – 5pm

**Phone:**

970-472-0609

**Email:**

[info@thematthewshouse.org](mailto:info@thematthewshouse.org)

Also see [Mentoring, Summer and After-School Activities](#), and [Learning Opportunities](#).

## Murphy Center for Hope

**Services Provided:** Both a core service provider and a collaborative of agencies assembled under one roof to serve anyone who is homeless or at risk of becoming homeless. Facilitates 10 core services in addition to the wide array of programs and services offered by 4 core agencies and 11 participating agencies, mail, lockers, shower and hygiene supplies, laundry, computers & Wi-Fi, bus passes, telephones/long distance calling.

Free.

Bilingual services available.

Also see [Transportation](#) and [Legal Services](#).

## Neighbor to Neighbor

**Services Provided:** Housing services including assistance in finding housing, counseling for homeowners, and rent assistance.

Free.

Bilingual services available.

**Website:**

<http://murphycenter.org/our-services/service-providers/>

*\*Visit the website for a full list of partner agencies located at the Murphy Center.*

**Location:**

242 Conifer Street  
Fort Collins, CO 80524

**Hours:**

Monday – Friday,  
8am – 5pm

**Phone:**

970-494-9940

*Some services require appointment, calling ahead is recommended.*

**Website:**

<http://n2n.org>

**Location:**

1550 Blue Spruce Drive  
Fort Collins, CO 80524

**Hours:**

Monday – Thursday,  
8am – 5pm  
Closed daily 12pm – 1pm  
Friday, 8am – 12pm

**Phone:**

970-484-7498

**Email:**

[contact@n2n.org](mailto:contact@n2n.org)



## Banner Health

**Services Provided:** Full-service, acute-care hospital offering emergency care, orthopedics, general surgery, women's health, labor and delivery, gastroenterology, urology, pulmonology, intensive care and other medical and surgical services.

Sliding scale fees.

Bilingual services available.

**Website:**

[www.bannerhealth.com/locations/fort-collins/banner-fort-collins-medical-center](http://www.bannerhealth.com/locations/fort-collins/banner-fort-collins-medical-center)

**Location:**

4700 Lady Moon Drive  
Fort Collins, CO 80528

**Hours:**

24/7, various clinics

**Phone:**

970-821-4000

## Catholic Charities

**Services Provided:** Emergency assistance program, food boxes, emergency shelter, help completing benefits forms.

Free.

Bilingual services available.

Also see [Housing/Shelter](#) and [Legal Services](#).

**Website:**

<http://ccdenver.org/larimer-county-services/>

**Location:**

460 Linden Center Drive  
Fort Collins, CO 80524

**Hours:**

Monday – Friday,  
8:30am – 5pm

*By appointment for  
emergency utility assistance,  
transportation assistance and  
government ID assistance.*

**Phone:**

970-484-5010

**Emergency Assistance:**

970- 484-5010

## Health District of Northern Larimer County - Family Dental Clinic

**Services Provided:** Prescription assistance, mental health, dental, preventive, and health planning services to our community.

Sliding scale fees.

Bilingual services available.

Also see [Mental Health](#) and [Substance Abuse](#).

**Website:**

<https://www.healthdistrict.org/services/family-dental-clinic>

**Location:**

202 Bristlecone Drive  
Fort Collins, CO 80524

**Hours:**

Monday – Thursday,  
7am – 6pm  
Friday,  
7am – 5pm

*Appointments are required.*

**Phone:**

970-416-5331

## Larimer County Health and Environment

**Services Provided:** Health and family planning, preventive services, immunizations, and special programs for all ages.

Free and sliding scale fees.

Bilingual services available.

**Website:**

[www.larimer.org/humanservices/assistance](http://www.larimer.org/humanservices/assistance)

**Location:**

1525 Blue Spruce Drive  
Fort Collins, CO 80524

**Hours:**

Monday – Friday,  
8am – 4:30pm

**Phone:**

970-498-6700

## Poudre Valley Hospital

**Services Provided:** Full-service hospital offering emergency services, health treatments, surgeries, and diagnostic tests in more than three dozen medical specialties.

Sliding scale fees.

Bilingual services available.

**Website:**

<https://www.uhealth.org/locations/uhealth-poudre-valley-hospital/>

**Location:**

1024 S. Lemay Avenue  
Fort Collins, CO 80524

**Hours:**

24/7, various clinics, see website  
for locations

**Phone:**

970-495-7000

## Salud Family Health Center

**Services Provided:** Screening for stressors and immediate support and/or referrals as necessary. Mobile health unit provides comprehensive medical services. Also provides outreach to migrant school age children with immunization, dental care, and medical services.

Sliding scale fees.

Bilingual services available.

Also see [Mental Health](#).

**Website:**

[www.saludclinic.org](http://www.saludclinic.org)

**Two Locations:**

1635 Blue Spruce Drive  
Fort Collins, CO 80524

**Medical Hours:**

Monday – Wednesday,  
7:30am – 7pm  
Thursday – Friday,  
7:30am – 5pm

**Dental Hours:**

Monday – Friday,  
8am – 5pm

**Phone (for both locations):**

970-484-0999  
*24-hour access to a health provider by phone:*  
303-MYSALUD  
(697-2583)

1830 Laporte Avenue  
Fort Collins, CO 80521

**Medical Hours:**

Monday – Friday,  
7:30am – 5:00pm

**Dental Hours:**

Monday – Friday,  
8:30am – 4:30pm

## The Youth Clinic

**Services Provided:** Medical services to infants, children and young adults, along with prevention and wellness programs.

Sliding scale fees.

Bilingual services available.

**Website:**

<http://youthclinic.com/>

**Four Locations:**

1200 East Elizabeth Street  
Fort Collins, CO 80524

**Hours:**

Monday – Friday,  
9am – 3pm

**Phone:**

970-267-9510

1214 Oak Park Drive  
Fort Collins, CO 80525

**Hours:**

Monday – Friday,  
9am – 3pm

**Phone:**

970-267-9510

Medical Center of the Rockies  
2500 Rocky Mountain Ave, Ste 260  
Loveland, CO 80538

**Hours:**

Monday – Friday,  
9am – 3pm

**Phone:**

970-267-9510

4845 Weitzel St, Ste 101  
Timnath, CO 80547

**Hours:**

Monday – Friday,  
9am – 3pm

**Phone:**

970-267-9510

**Pediatric Urgent Care**

**Website:**

<https://pediatricurgentcareofnortherncolorado.com/>

**Location:**

4845 Weitzel St, Ste 101  
Timnath, CO 80547

**Phone:**

970.494.2626

**Hours:**

Monday – Friday,  
9am – 9pm  
Weekends & Holidays,  
10am - 4pm

## Project Smile

**Services Provided:** Provides dental and vision care for school children.

Free.

Bilingual services available.

**Website:**

<https://projectsmilefc.org>

**Mailing Address:**

PO Box 272122  
Fort Collins, CO, 80527-2122

**Email:**

info@projectsmilefc.org

For a complete list of Larimer County health care providers, please visit: [www.larimer.org/health/maternal-child-and-family-health/healthy-communities](http://www.larimer.org/health/maternal-child-and-family-health/healthy-communities)

## Dial a Ride

**Services Provided:** Dial-A-Taxi provides transportation for passengers with a disability that prevents them from using the fixed route bus service. Provides round-trip transportation throughout Fort Collins.

\$2.50 per one-way trip.

Bilingual services available.

**Website:**

[www.ridetransfort.com/schedules/dial-a-ride](http://www.ridetransfort.com/schedules/dial-a-ride)

**Typical Service Hours:**

Monday – Saturday,

6am – 11pm,

*Except published holidays*

**Phone:**

970-224-6066

*For information about additional complimentary paratransit services, contact Dial-A-Ride*

## Murphy Center for Hope

**Services Provided:** Provides a number of basic needs services including transportation assistance, and bus passes.

Free.

Bilingual services available.

Also see [Housing/Shelter](#) and [Legal Services](#).

**Website:**

<http://murphycenter.org/our-services/service-providers/>

*\*Visit the website for a full list of partner agencies located at the Murphy Center.*

**Location:**

242 Conifer Street

Fort Collins, CO 80524

**Hours:**

Monday – Friday,

8am – 5pm

**Phone:**

970-494-9940

*Some services require appointment, calling ahead is recommended.*

## SAINT Care-A-Van

**Services Provided:** Personal transportation to people sixty years old and older, and people with disabilities that prevent them from driving.

Free.

Some bilingual services available.

**Website:**

[www.saintvolunteertransportation.org](http://www.saintvolunteertransportation.org)

**Location:**

333 West Drake Road,

Suite 42

Fort Collins, CO 80526

**Hours:**

Monday – Friday,

8:15am – 4pm

**Phone:**

970-223-8604

*Must pre-schedule ride*

## Transfort

**Services Provided:** Bus transportation throughout Fort Collins city area.

Youth 17 and under or students enrolled in high school are able to ride on the Transfort bus system for free if they have a photo ID.

Bilingual services available.

**Website:**  
[www.ridettransfort.com](http://www.ridettransfort.com)

**Location:**  
250 N. Mason Street  
Fort Collins, CO 80524

**Phone:**  
Information and  
Customer Service  
970-221-6620

*NOTE: Many agencies in this Resource Guide are able to offer free bus passes/reduced fare with Transfort.*

## Disabled Resource Services

**Services Provided:** Independent living skills training, assistive technology training, budget counseling, peer support, employment assistance, Social Security assistance, nursing home transitions, home accessibility enhancements, advocacy and information and referral services.

Equipment loan of durable medical items. Free/low cost.

Bilingual services available.

**Website:**

<http://disabledresourceservices.org>

**Location:**

1017 Robertson Street,  
Unit B  
Fort Collins, CO 80524-3915

**Hours:**

Monday – Friday,  
8:30am – 4:30pm  
Closed daily 12pm – 1pm

**Phone:**

970-482-2700

## Foothills Gateway

**Services Provided:** Services and supports for Larimer County residents who are determined eligible for services through the cognitive disabilities system. Assistance is given to individuals and their families either through direct services or by purchasing services from other service agencies.

Free and sliding scale fees.

Bilingual services available.

**Website:**

[www.foothillsgateway.org](http://www.foothillsgateway.org)

**Location:**

301 W. Skyway Drive  
Fort Collins, CO 80526

**Hours:**

Monday – Friday,  
8am – 4:30pm

**Email:**

[info@foothillsgateway.org](mailto:info@foothillsgateway.org)

**Phone:**

970-226-2345

**After Hours  
Emergency:**

970-226-2345

## Respite Care, Inc.

**Services Provided:** Short-term care to children with developmental disabilities and respite care to their families.

Sliding scale fees (based on income tax forms).

Bilingual services available.

**Website:**

<http://respitecareinc.org>

**Location:**

6203 S. Lemay Avenue  
Fort Collins, CO 80525

**Hours:**

Monday – Friday,  
8am – 5pm

**Phone:**

970-207-9435

**Email:**

[info@respitecareinc.org](mailto:info@respitecareinc.org)

## Early Childhood Council of Larimer County

**Services Provided:** Childcare referrals.

Sliding scale fees.

Bilingual services available.

**Website:**

<https://ecclc.org/parents-and-families/finding-child-care-and-preschool/>

**Location:**

2850 McClelland Drive,  
Suite 3400  
Fort Collins, CO 80525

**Hours:**

Monday – Friday,  
8am – 4:30pm

**Phone:**

970-377-3388

## The Family Center/La Familia

**Services Provided:** Childcare services and advocacy with the primary goal of strengthening and stabilizing families with children. Includes El Nidito, Early Head-start, experiential play, and summer programming.

Sliding scale.

Bilingual services available.

Also see [Summer and After-School Activities](#).

**Website:**

<http://thefamilycenterfc.org/>

**Location:**

309 Hickory Street, #5  
Fort Collins, CO 80524

**Business Hours:**

Monday – Friday,  
8am – 5pm

**Phone:**

970-221-1615

**Email:**

[info@thefamilycenterfc.org](mailto:info@thefamilycenterfc.org)

**Early Childhood Center  
(El Nidito) Hours:**

Monday – Friday,  
6:30am – 6pm

## Larimer County Children, Youth and Family Services - Childcare Assistance Program (CCAP)

**Services Provided:** Financial assistance for childcare services to families who meet the income guidelines and who are in an eligible activity. Assistance to families enrolled in the Colorado Works program who need childcare services to support their efforts towards self-sufficiency.

Sliding scale fees, both no cost and tuition based.

Bilingual services available.

*as of May 2020, CCAP is open to applications.*

**Website:**

[www.co.larimer.co.us/humanservices/assistance/ccap.htm](http://www.co.larimer.co.us/humanservices/assistance/ccap.htm)

**Location:**

1501 Blue Spruce Drive  
Fort Collins, CO 80524

**Hours:**

Monday, Tuesday, Thursday,  
Friday,  
8am – 3pm

**Phone:**

970-498-6990

## Poudre School District – Early Childhood Education

**Services Provided:** Quality preschool available through the Early Childhood Program for children birth to 5 years old. Also prenatal, infant, and toddler offerings, preschool offerings, student developmental and health screenings, referrals and family and parenting education. Early Head Start program includes center-based and home-visitation options. Pre-School programs are in PSD and community center sites.

Sliding scale fees. Services and support to families who meet the Early Head Start eligibility requirements.

Bilingual services available.

**Website:**

[www.psdschools.org/department/early-childhood](http://www.psdschools.org/department/early-childhood)

**Location:**

Fullana Learning Center  
220 N. Grant Avenue  
Fort Collins, CO 80521

**Phone:**

970-498-6300

## Teaching Tree Early Childhood Learning Center

**Services Provided:** Affordable, quality early childhood and educational programs for infants, toddler and pre-school youth.

Sliding scale fees.

Bilingual services available.

**Website:**

[www.teaching-tree.org](http://www.teaching-tree.org)

**Location:**

424 Pine Street  
Fort Collins, CO 80524

**Hours:**

Monday – Friday,  
6:30am – 6pm

**Phone:**

970-493-2628



## Alianza NORCO

**Services Provided:** Information and workshops for immigrants, including help obtaining drivers licenses.

Bilingual services available.

**Website:**  
[alianzanorco.org](http://alianzanorco.org)

## Catholic Charities

**Services Provided:** Emergency assistance program, legal support, help filling out forms, etc.

Free.

Bilingual services available.

Also see [Housing/Shelter](#) and [Health and Emergency Services](#).

**Website:**  
<http://ccdenvr.org/larimer-county-services/>

**Location:**  
460 Linden Center Drive  
Fort Collins, CO 80524

**Hours:**  
Monday – Thursday,  
8:30am – 5pm  
*By appointment for  
emergency utility  
transportation and  
government ID assistance.*

**Phone:**  
970-484-5010

**Emergency Assistance:**  
970-484-5010

## Colorado Legal Services

**Services Provided:** Access to civil legal services for low-income persons and members of vulnerable populations.

Must meet financial and citizen/eligible non-citizen eligibility requirements. Some offices also assist seniors age 60 and over, regardless of income, in certain civil legal matters.

Free.

Bilingual services available.

**Website:**  
<https://coloradolegalservices.org>

**Locations:**  
211 West Magnolia Street  
Fort Collins, CO 80521

**Office Hours:**  
Monday – Friday,  
8:30am – 4pm  
Closed daily 12pm – 1pm

**Phone:**  
970-493-2891

## Crossroads Safehouse

**Services Provided:** Legal assistance via the Bringing Justice Home Project that assists low-income domestic violence, sexual assault, dating violence and stalking survivors by providing legal representation in a wide range of legal matters including, but not limited to, civil protection orders, divorce, and custody cases.

Free.

Bilingual services available.

Also see [Physical/Sexual Abuse and Neglect](#) and [Crisis Counseling](#).

**Website:**

[www.crossroadssafehouse.org](http://www.crossroadssafehouse.org)

**Location:**

Call to get location address

**Office Hours:**

Monday – Friday,  
9am – 5pm

**24/7 Crisis/Info Line:**

970- 482-3502

**Toll-free Crisis Line:**

P: 1-888-541-SAFE  
(7233)

**Email:**

[mail@crossroadssafehouse.org](mailto:mail@crossroadssafehouse.org)

## Fuerza Lantina

**Services Provided:** This organization of immigrants and allies is dedicated to educating, informing, organizing, and promoting change to facilitate an improved quality of life for immigrants in our community.

Bilingual services available.

**Website:**

<http://fccan.org/affiliates/fuerza-latina/>

**Email:**

[info@fccan.org](mailto:info@fccan.org)

**Phone:**

970-419-8944

**Immigrant Assistance**

**Hotline:**

970-472-1501

## Murphy Center for Hope (through core agency partners)

**Services Provided:** Legal services including benefits enrollment, Colorado ID Voucher, driver's license vouchers, and social security disability benefits applications.

Free.

Bilingual services available.

Also see [Housing/Shelter](#) and [Transportation](#).

**Website:**

<http://murphycenter.org/our-services/service-providers/>

**Location:**

242 Conifer Street  
Fort Collins, CO 80524

**Hours:**

Monday – Friday,  
8am – 5pm

**Phone:**

970-494-9940

*Some services require appointment, calling ahead is recommended.*

## Community DREAMer Fund

**Services Provided:** An assistance fund for collegiate and high school DREAMer students in the Fort Collins area

**Website:**

<http://sojournmennonite.org/give/dreamers/>

**Location:**

Call to get location address

**Phone:**

970-658-0026

**Email:**

sojournmennonite@gmail.com

## Northern Colorado Emergency Immigration Fund

**Services Provided:** Provides emergency financial support for immigrants who have experienced a crisis and are not eligible for other forms of support.

**Website:**

<https://foothillsuu.org/our-partners-and-impact/>

As noted earlier, this guide is not meant to be comprehensive of all resources in our community that support youth and families. Below are just a few additional resources that may provide further support.

## **Biz West Community Giving Guide**

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Directory of nonprofits serving Boulder, Broomfield, Larimer, and Weld counties.

[https://bizwest.com/bw\\_2020\\_giving\\_guide\\_flyp/](https://bizwest.com/bw_2020_giving_guide_flyp/)

## **Homeless Resource Guide - Fort Collins**

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<https://drive.google.com/file/d/1bBVIqJZ7rS2NWmpvdwVpzDDo4bGuiuXu/view>

## **Larimer County Resource Guide**

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<http://larimerresource.blogspot.com>

## **United Way of Larimer County 2-1-1**

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[www.uwaylc.org/get-help](http://www.uwaylc.org/get-help)

## **COVID-19 Resources**

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<https://uwaylc.org/>





Questions or feedback about this guide?

Please contact:

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